

MIPS



Mediterranean
Incontinence
and Pelvic Floor
Society



IX MIPS

Annual Congress

LJUBLJANA

26-28 Sep 2024

Meeting Chairs
Adolf Lukanovic
Kristina Drusany Staric

Final Programme

Update_01 Jul 2024

WELCOME MESSAGES



Dear Friends,

It gives me great pleasure, as the President, to invite you to the NINETH MIPS Annual meeting.

This year we will go again, after 9 years, to the beautiful city of Ljubljana, Slovenia, famous for its central location, bridges, surrounding caves and historical monuments.

The meeting will be held on 26-28 September, 2024 in the state of the art Culture and Congress Centre of Ljubljana "Cankarjev Dom".

Congratulations to our Host Chair: Professor Adolf Lukanovic and Co-Chair: Dr. Kristina Drusany whom I am sure, will organize an excellent meeting to build on the outstanding success of the Third MIPS Annual Meeting of 2015 in Ljubljana. The scientific programme includes the most recent advances in female and male pelvic floor medicine with multi-disciplinary sessions tailored to health care provider's educational needs and training priorities as well as patient care in Mediterranean countries. This year, we will also hold a parallel Symposium of the Slovenian Urogynecological Society that would be very interesting to our Slovenian candidates. We are currently working on the final scientific programme and hope to publish the first announcement by the fourth week of February on

the MIPS website.

See you in Ljubljana in September, 2024!

Daa Rizk

MIPS President



Dear Colleagues,

It is our great pleasure and honour to invite you to the 9th Annual meeting of MIPS which will be held this year in Ljubljana. After the successful third MIPS Annual Meeting 2015 in Ljubljana we are proud to have the opportunity to gather again in our charming picturesque capital of Slovenia.

The international experts from several Mediterranean countries will give you the opportunity to share experiences and discuss clinical problems in urogynaecology.

Together we strive to improve the quality of life of our suffering patients by learning and sharing our knowledge and want to stay as close as possible to Dalai Lama thoughts: »Share your knowledge.

It is a way to achieve immortality«. The aim of the meeting is to illuminate the trends and new approaches in the field of urogynaecology. The topics of the meeting are giving a broad view of the scientific principles and practical standpoints and new developments in this field of medicine. The members of Slovene medical society will highlight the selected topics of urogynaecology in our country which will celebrate nearly half century.

We are convinced that the lectures will emphasize the importance of urogynaecology and will encourage the international dialogue between renowned experts. Finally, the meeting will feature oral poster presentations which will allow young colleagues to enrol in presentation of the field of urogynaecology from office to research. We all are working hand in hand to ensure a varied, interesting, and exciting meeting programme.

Although Ljubljana might be small, we promise you, that this meeting will be amazing. We look forward to this meeting and hope that it will be an extremely rewarding and enjoyable experience for all of us.

We guarantee that you will enjoy yourself in the pleasant atmosphere of Ljubljana historical city centre with its special charming atmosphere. Apart from scientific programme we will have the opportunity to meet each other less formally. Visit us. We are not far away; we are situated in the heart of Europe.

Adolf Lukanovic - Meeting Chair

Kristina Drusany Starič - Meeting Co-Chair

SCIENTIFIC PROGRAMME

Day 1 - Thursday, 26th September 2024

09:00 – 10:00 Registration

10:00 – 10:45 Opening Ceremony
Introduction: D. Rizk, A. Lukanovič, K. Drusany Starič

10:45– 15:00 SYMPOSIUM OF SLOVENE UROGYNECOLOGICAL SOCIETY

Chair: A. Lukanovič, K. Drusany Starič

| | | |
|-------|---|-----------------------|
| 10.45 | Is artificial sphincter the last solution in the treatment of SUI? | M. Mihelič, R. Pantar |
| 11.00 | Sacral neuromodulation | U. Kogovšek |
| 11.15 | Surgical interdisciplinary approach to the pelvic floor disorders | K. Drusany Starič |
| 11.30 | Laparoscopic approach for the treatment of POP | M. Blaganje |
| 11.45 | Occult urinary retention after TVT operation | M. Barbič |
| 12.00 | Office treatment of female urinary incontinence | T. Kunič |
| 12.15 | The use of energy-based devices in the treatment of UI | D. Lukanovič |
| 12.30 | Cognition and urinary continence | Z. Pirtošek |
| 12.45 | How can neurophysiology contribute to diagnosis and management of pelvic floor dysfunction? | M. Rotar |
| 13.00 | The role of interventional radiology in pelvic congestion syndrome | P. Popovič |
| 13.15 | How to interpret anorectal manometry | K. Novak |
| 13.30 | Light Lunch – Slovene Society Meeting | |
| 14.00 | Nociplastic pain | G. Požlep |
| 14.15 | The role of robotic surgery in treatment of vesico vaginal fistula | S. Hawlina |
| 14.30 | Robotic sacral rectopexy | G. Norčič |
| 14.45 | 40 years of urogynecology in Slovenia | A. Lukanovič |

15.00 – 16.00 Physiotherapy Session

Chair: E. Sahin

| | | |
|-------|--|---------------|
| 15.00 | Pelvic floor muscle training with biofeedback | D. Ščepanovič |
| 15.15 | Pelvic floor dysfunction, exercise, and sport | S. Schuster |
| 15.30 | The impact of dietotherapy on the outcome of UI treatment | I. Weingerl |
| 15.45 | The role of physiotherapy in the management of Overactive Bladder Syndrome (OAB) | E. Sahin |

16.00 – 17.00 Nursing Session

Chair: Anita Jelar

| | | |
|-------|--|----------------------|
| 16.00 | Is self-catheterization the optimal solution for quality life improvement? | A. Jelar |
| 16.15 | The role of wound ostomy continence nurse in fecal incontinence | T. Krišelj |
| 16.30 | The role of Nurse Continence Advisors | R. Neves |
| 16.45 | Panel Discussion: The Nursing role in PFD care in the Mediterranean | R. Neves, T. Krišelj |

17:00 – 18:30 SCIENTIFIC SESSION 1 – Functional Urology

Chair: E. Finazzi Agrò/ M. Mihelič

| | | |
|-------|---|-----------------|
| 17.30 | Urodynamics for male and female LUTS | E. Finazzi Agrò |
| 17.45 | OAB: how to investigate our patients | S. Arlandis |
| 18.00 | Male LUTS, new mini-invasive surgical options | L. Cindolo |
| 18.15 | Artificial intelligence in functional urology | C. De Nunzio |
| 18.30 | BOARD MEETING | |

Day 2 - Friday, 27th September 2024

08:30 - 09:30 ABSTRACTS SESSION 1

Chairs: M. Cervigni, S. Tosson

- 08.30 1 Combined retropubic TVT and classical repair for correction of cystocele and stress urinary incontinence – Indications and limitations
Daša Krelj, Marijan Lužnik
- 08.38 2 Vertical plication technique, a novel technique to decrease recurrence of cystocele post repair
Stuart Quek, Rami Atalla, Lauren Dear
- 08.46 3 The Impact of Hysterectomy on Pelvic Floor, Sexual Functions, Quality of Life, Body Perception, and Genital-Self Image
Hande Donmez Koksall, Fulya Dokmeci, Elif Nazli Cetindag
- 08.54 4 Uterine artery embolization for postpartum and postabortal hemorrhage: our outcomes
Polona Vihčelič, Nataša Kenda Šuster, Eva Skuk, Marina Jakimovska Stefanovska, Peter Popovič
- 09.02 5 Clinical characteristics and sexual function in women with clinically nonsignificant pelvic organ prolapse complaining of vaginal laxity
Serife Esra Cetinkaya, Mehmet Murat Seval, Elif Nazli Cetindag, Bulut Varli, Fulya Dokmeci
- 09.10 6 Practice and Experience of Obstetric Care Providers in the Management of Obstetric Anal Sphincter Injuries in Middle Eastern Countries.
Diaa Rizk
- 09.18 7 "Vaginal Vault Dehiscence" - The Urogynaecologist approach
Safwat Tosson
- 09.26 Discussion

09.30 – 10.30 SCIENTIFIC SESSION 2 – Pelvic Organ Prolapse

Chair: F. Dokmeci/ T. Kunič

- 09.30 Vaginal laxity: Reality or Myth? U. Bizjak Ogrinc
- 09.45 Genetics & Molecular Background of Vaginal Prolapse M. Serati
- 10.00 Evaluation of Pelvic Floor with Ultrasonography in Women; When, Why, How? I. Marton
- 10.15 How to prevent pelvic floor disorders in women? D. Rizk

10:30 – 11.15 INVITED LECTURE

Vaginal surgery: a cultural and professional heritage not to be wasted - H. Clavé

Introduction: A. Lukanovič

11:15 – 11.30 Coffee Break

11.30 – 13.00 SPONSORED SESSION

12:15 – 13:15 SCIENTIFIC SESSION 3 – Female Urinary Incontinence

Chair: T. Grigoriadis/ M. Blaganje

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|-------|---|-----------------|
| 12.15 | Microbiota & Bladder Disorders; how much should it be considered seriously? | E. Finazzi Agrò |
| 12.30 | Challenging & Controversial Disorder to Understand: Female mixed urinary incontinence | F. Dokmeci |
| 12.45 | What to do for recurrent UTI in female patients? | S. Bajramović |
| 13.00 | Biological and energy devices for SUI | S. Athanasiou |
| 13.15 | Artificial sphincter for female SUI | S. Arlandis |

13.30 – 14.30 LUNCH

14.30 – 15.00 PANEL DISCUSSION

Which is Your Preferred Minimally Invasive Approach for POP Repair?

Moderators: *M. Barbic, K. Drusany Staric*

Panelists: A. Lukanovič, F. Dokmeci, D. Rizk, M. Cervigni

15.00 – 15.30 PANEL DISCUSSION

What is your preferred surgical approach to treat SUI in women?

Moderators: *M. Barbic, K. Drusany Staric*

Panelists: E. Delorme, E. Finazzi Agrò, T. Grigoriades, S. Tosson

15.30 – 16.30 ABSTRACTS SESSION 2

Chairs: D. Rizk, D. Lukanovič

| | | |
|-------|----|---|
| 15.30 | 8 | Urodynamic alterations in patients with multiple sclerosis and detrusor overactivity undergoing percutaneous posterior tibial nerve stimulation: a pilot study <i>Athanasios Zachariou, Vaia Sapouna, Athanasios Zikopoulos, Styliani Papakosta, Dimitrios Zachariou, Aris Kaltsas, Ioannis Giannakis, Tien Mai Ba Dung, Cam Hoang Nguyen Phuc, Nikolaos Sofikitis</i> |
| 15.38 | 9 | A randomized controlled trial on the efficacy of laser CO2 and mirabegron as co-therapy in the management of overactive bladder <i>Dimitrios Zacharakis, Konstantinos Kyriotis, Anastasia Prodromidou, Nikolaos Kathopoulos, Dimos Sioutis, Lina Michala, Stavros Athanasiou, Themis Grigoriadis</i> |
| 15.46 | 10 | Evaluation of the necessary time needed for bladder management in multiple sclerosis patients. <i>Athanasios Zachariou, Vaia Sapouna, Athanasios Zikopoulos, Styliani Papakosta, Dimitrios Zachariou, Aris Kaltsas, Ioannis Giannakis, Tien Mai Ba Dung, Cam Hoang Nguyen Phuc, Nikolaos Sofikitis</i> |
| 15.54 | 11 | Mini-review on historical progress of physiotherapeutic techniques for the management of urinary incontinence <i>Diamantis Floratos, Leonidas Floratos</i> |
| 16.02 | 12 | Bilateral hidronephrosis caused by giant rectosigmoid fecaloma <i>Alejandro Sousa</i> |
| 16.10 | 13 | Misuse of antibiotics in the treatment of RUTI in primary care and emergency departments <i>Alejandro Sousa</i> |
| 16.18 | 14 | Experience of vesicovaginal Fistula repair in last 2 decades at a high-volume tertiary centre in India <i>Apul Goel, Krishna Bhandari</i> |
| 16.26 | | Discussion |

16:30 – 17:00 Coffee Break

17:00 – 18:00 SCIENTIFIC Session 4 Female Sexual Dysfunction

Chair: *M. Cervigni / A. Štolfa*

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|-------|--|--------------|
| 17.00 | Sexual dysfunction in women with PFDs | S. Salvatore |
| 17.15 | Coital Incontinence; The most irritating but unspoken complaint of women | E. Cetinkaya |
| 17.30 | Management Options for Genitourinary syndrome of the Menopause | A. Lukanovič |
| 17.45 | A 2024 update of vaginal rejuvenation | S. Jankovic |

18:00 – 19:00 SCIENTIFIC Session 5 Obstetric perineal trauma

Chair: *D. Rizk / K. Jakopič Maček*

| | | |
|----------------------|---|-------------------|
| 18.00 | Episiotomy: Friend or Foe? | K. Drusany Starič |
| 18.15 | Management of Obstetric anal sphincter injuries (OASIS): A Coloproctologist perspective | K. Borycka |
| 18.30 - 19.00 | AGM | |
| 21.00 | MIPS DINNER | |

Day 3 - Saturday, 28th September 2024

08:30 – 09:30 SCIENTIFIC SESSION 6 Miscellaneous Chair: S. Tosson/ M. Jakimovska Stefanovska

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|-------|---|----------------|
| 08:30 | Lifestyle and pelvic floor: impact of obesity & vigorous sports | T. Grigoriadis |
| 08:45 | Telemedicine and artificial intelligence for managing female pelvic floor disorders | D. Lukanovič |
| 09:00 | Vaginoplasty for transgender: Tips and Tricks | B. Deval |
| 09:15 | Surgical indications for perineal surgery during prolapse repair | E. Delorme |

09.30-10.30 ABSTRACT SESSION 3 Chair: T. Grigoriadis, F. Dokmeci

| | | |
|-------|---|--|
| 09.30 | 15 Management of Large Supra-trigonal Vesicovaginal Fistula- A Laparoscopic Modified O'Connor's Technique using limited Posterior Cystostomy with Rotational Bladder Flap – Our Experience <i>Harvinder Singh, Gunjeet Kaur, Ajay Pal, Manish Kumar Agrawal, Ishleen Pahwa</i> | |
| 09.38 | 16 Standardisation of Autologous Fascial sling technique for female stress urinary incontinence <i>Rami Atalla, Charlotte Foley, Stuart Quek, Sarah Atalla</i> | |
| 09.46 | 17 Determination of pelvic floor discomfort levels of women diagnosed with urinary incontinence <i>Rüveyda Ölmez Yalazi, Nurdan Demirci</i> | |
| 09.54 | 18 The effect of physical activity on urinary incontinence in pregnancy: a systematic review <i>Rüveyda Ölmez Yalazi, Nurdan Demirci</i> | |
| 10.02 | 19 Transvaginal repair of vesico-vaginal fistula: our technique <i>Apul Goel, Harvinder Singh Pahwa</i> | |
| 10.10 | 20 Is the artificial sphincter the last solution in the treatment of SUI? <i>Milo Mihelic, R. Pantar</i> | |
| 10.18 | Discussion | |

10.30 – 11.30 SCIENTIFIC SESSION 7 Female Pelvic Floor Disorders in 2024 Chair: E. Delorme/ N. Kenda Šuster

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|-------|--|---------------|
| 10.30 | Pelvic organ prolapse Surgery: Hysterectomy or Not? | M. Serati |
| 10.45 | Which is the best technique for Transvaginal Oophorectomy? | S. Salvatore |
| 11.00 | Pelvic Floor repair under local anesthesia | D. Zacharakis |
| 11.15 | The v-NOTES Approach | B. Venier |

11.30 COFFEE BREAK

12.00 – 13.00 VIDEO ABSTRACT SESSION Chair: E. Delorme, E. Finazzi Agrò

13.00 – 13.45 SCIENTIFIC SESSION 8 Chronic Pelvic Pain / Urogynaecological Surgery Chair: D. Rizk/ P. Popović

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|-------|--|--------------|
| 13.00 | Bladder pain syndrome: An Update | M. Cervigni |
| 13.15 | Key steps for the management of Genito-pelvic Pain and Penetration Disorders | S. Salvatore |
| 13.30 | Enhanced Recovery After Surgery (ERAS) protocols in Urogynaecology | D. Atallah |
| 13.45 | How to avoid litigation in urogynaecology | S. Tosson |

SCIENTIFIC COMMITTEE MIPS 2024 ANNUAL MEETING

Adolf Lukanovic, Kristina Drusany Staric, Fulya Dokmeci, Enrico Finazzi Agrò, Themis Grigoriadis, Dina Rizk

FACULTY

| | | |
|------------------------------------|--------------------------------|-------------------------------|
| Salvador Arlandis Spain | Themis Grigoriadis Greece | Robert Pantar Slovenia |
| Stavros Athanasiou Greece | Simon Hawlina Slovenia | Zvezdan Pirtošek Slovenia |
| David Atallah Lebanon | Marina Jakimovska Slovenia | Peter Popović Slovenia |
| Senad Bajramović Bosnia | Katia Jakopič Maček Slovenia | Gorazd Požlep Slovenia |
| Matija Barbič Slovenia | Svetlana Jankovic Serbia | Dina Rizk Bahrain |
| Urška Bizjak Ogrinc Slovenia | Anita Jelar Slovenia | Melita Rotar Slovenia |
| Mija Blaganje Slovenia | Nataša Kenda Šuster Slovenia | Stefano Salvatore Italy |
| Katarzyna Borycka Poland | Urška Kogovšek Slovenia | Darja Ščepanović Slovenia |
| Mauro Cervigni Italy | Tadeja Krišelj Slovenia | Snježana Schuster Croatia |
| Esra Cetinkaya Turkey | Tina Kunič Slovenia | Maurizio Serati Italy |
| Luca Cindolo Italy | Adolf Lukanovič Slovenia | Emel Sahin Turkey |
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| Cosimo De Nunzio Italy | Ingrid Marton Croatia | Safwat Tosson Gibraltar |
| Emmanuel Delorme France | Miro Mihelič Slovenia | Barbara Venier Slovenia |
| Bruno Deval France | Raquel Neves Portugal | Iva Weingerl Slovenia |
| Fulya Dokmeci Turkey | Gregor Norčič Slovenia | Dimitrios Zacharakis Greece |
| Kristina Drusany Starič Slovenia | Katja Novak Slovenia | |
| Enrico Finazzi Agrò Italy | | |

UEMS/EACCME ACCREDITATION | CREDITS FOR EUROPEAN HEALTHCARE PROFESSIONALS

Event Reference Number: TBD

The Scientific Programme of the IX MIPS Annual Congress, Ljubljana, Slovenia, 26 Sep – 28 Sep 2024 will be submitted to the European Accreditation Council for Continuing Medical Education (EACCME®).

ABSTRACT SESSIONS

Abstract submission 15 April – 31 May | WWW.MIPSNET.ORG

Presentation Methods:

Oral (Podium) presentation Video presentation Non-Discussed E-posters.

Abstract Agreement: If your abstract is accepted for either oral or poster session, you will be asked to accept the following conditions:

- Present the lecture in the session format assigned to you by the Scientific Committee
- Register for the conference and assume responsibility for your own registration, lodging and transportation, as well as providing a substitute presenter in case of absence.

GENERAL INFORMATION

Congress Venue

Cankarjev Dom - Prešernova Cesta, 10, Ljubljana, Slovenia

REGISTRATION

Register online at www.mipsnet.org by 10 September 2024. After such deadline, registration will still be possible during the event, until reaching the maximum number of participants.

Registration Fees*

| Category | MIPS MEMBERS | | NON MEMBERS | |
|-------------|--------------------------|-----------------------------|--------------------------|-----------------------------|
| | By July 30 th | After July 30 th | By July 30 th | After July 30 th |
| Doctors | 250,00 eur | 300,00 eur | 300,00 eur | 350,00 eur |
| Nurses | 150,00 eur | 200,00 eur | 200,00 eur | 250,00 eur |
| Trainees ** | 100,00 eur | 120,00 eur | 120,00 eur | 150,00 eur |

* Fee is intended per person, in Euros, VAT free. The registration fee includes access to scientific sessions, workshops, certificate of attendance, CME related forms, digital copy of the MIPS 2024 Abstract Book, CME credits after fulfilling the required actions for accreditation.

** Requires letter from chair/supervisor with Registration Form.

CANCELLATION POLICY

Registration fees are 50% refundable by 31st July 2024; any banking fees are not covered by refund policy. After 31st July 2024, no refund will be issued.

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