

XXI FIGO World Congress of Gynecology and Obstetrics

4 - 9 October 2015







# **Invitation from the President**

### Dear Friends and Esteemed Colleagues,



The FIGO World Congress is held every three years and can be considered the "Olympics" in obstetrics, gynaecology and women's health as the best scientists, clinicians, teachers and other allied health specialties who care for

women throughout their life will assemble to present the latest science and best clinical practice. Professor Joanna Cain, our Chair, Professor Nozer Sheriar, our Co-Chair, their Scientific Committee members and a large number of advisory panel members including FIGO Committee Chairs are constructing the programme by leaving no stone unturned. They have consulted national and regional societies and federations, special interest groups, other global organisations looking after subspecialties in our field and international organisations such as WHO, UNFPA, UNICEF (to name a few) to devise the best programme for clinical practice and research.

Pre-Congress courses and workshops will be available that have been organized by Professor Luis Cabero-Roura, Chair of FIGO's Education, Training and Capacity Building Committee. These will be held in conjunction with the Local Organising Committee under the leadership of Dr Dianne Miller from Vancouver, Canada. The Local Organizing Committee and The Society of Obstetricians and Gynaecologists of Canada (SOGC) under the energetic leadership of Professor Jennifer Blake are working hard to provide the best experience for every participant scientifically and socially. FIGO and SOGC would be delighted to have as many of you as possible in Vancouver for the FIGO Congress from 4th to 9th October 2015.

Professor Abd Aziz Yahya, Chair of the Organising Committee—who was also in charge of the very successful FIGO Congress in Malaysia in 2006 and his team, ably assisted by Ms Marta Collins (FIGO Events and Meetings Manager), are planning the requirements for accommodation, transport and scientific facilities to ensure the optimum experience for attendees. They are working hand-in-hand with our Local Organizing Committee and International Conference Services (ICS), our conference organiser. All of the hotels (from 3 to 5 stars) are within walking distance of the Vancouver Convention Centre. The Centre and hotels are located in a scenic part of Vancouver facing the waterfront and I assure you that you will not be disappointed by the warm hospitality of the people and the ambience of Vancouver. For those who can spend a few extra days in the city, Vancouver offers numerous and varied tourist attractions. If you have more time, Canada has a lot to offer.

Please come and join us and be enriched by the science, culture and friendship that the FIGO Congress has to offer. This experience will reenergise you to provide the best to the women and newborns under your care.

With kindest regards, Yours sincerely,

Sir Sabaratnam Arulkumaran President, FIGO

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# Message from the Organising Committee Chair

### Dear Delegates,



Welcome to FIGO 2015! I sincerely hope that all FIGO members will note the 4th-9th of October 2015 in their busy diary as a date they must keep. There is no better way to show our allegiance to the Federation that unites all of us than to participate in a triennial event par excellence.

FIGO 2015 will be held in Vancouver, Canada—a vibrant city of mixed cultures and heritage. Delegates will not only benefit from an up-to-date and exceptional Congress programme, but will also have an opportunity to get close to pristine nature. Do take along your loved ones for an exciting holiday created for accompanying persons, which is unique to FIGO 2015.

The Congress Organising Committee has worked tirelessly to create an all-encompassing and engaging scientific programme that must not be missed. The traditional social and fellowship programmes will continue on a livelier platform.

My very best wishes and fraternal regards to all - and please come in droves to Vancouver!



Dr Abd Aziz Yahya FIGO 2015 Congress Organising Committee Chair

# Message from the Local Organising Committee Chair

### Dear Friends and Colleagues,



Again, one year from now, the World Congress of Gynecology and Obstetrics will be staged. On behalf of the Canadian Obstetrics and Gynaecology community, I would like to extend a warm invitation to you to join us in Vancouver from the 4th to the 9th of October 2015 for the XXI FIGO World Congress.

For those of you who have been to Vancouver in the past, we welcome you back. For those who have not visited our city before, you are in for a treat! Vancouver consistently rates as one of the world's top most liveable cities. We are blessed with spectacular scenery with the city tucked between the

blue waters of Burrard Inlet and the majestic Costal Mountains. In addition, the climate is mild and the people are friendly. There are opportunities to explore more of our beautiful province with a selection of post conference tours available.

Vancouver is one of the most ethnically diverse cities in the world with over half of the population speaking another language in addition to English. We will introduce you to the incredible diversity of our city. We look forward to welcoming you to Vancouver and Canada and promise it will be a meeting to remember!

Yours truly,

Dianne Miller

FIGO 2015 Local Organising Committee Chair





# Committees

### **FIGO Officers**

Sabaratnam Arulkumaran – President, United Kingdom Ernesto Castelazo Morales – Vice-President, Mexico Gamal Serour – Past President, Egypt Chittaranjan Narahari Purandare – President Elect, India Wolfgang Holzgreve – Honorary Treasurer, Germany Gian Carlo Di Renzo – Honorary Secretary, Italy

Hamid Rushwan - Chief Executive, Sudan/United Kingdom

### FIGO 2015 Congress Organising Committee

Sabaratnam Arulkumaran – Congress President, United Kingdom
Abd Aziz Yahya – Organising Committee Chair, Malaysia
Joanna Cain – Scientific Committee Chair, United States
Lord Naren Patel – Committee Member, United Kingdom
Hamid Rushwan – FIGO Chief Executive, United Kingdom
Sean O'Donnell – FIGO Administrative Director, United Kingdom
Marta Collins – FIGO Events and Meetings Manager, United Kingdom

### Local Congress Organising Committee, Canada

Dianne Miller – Chair Brian Fitzsimmons Ellen Giesbrecht Mark Heywood Stephen Kaye Nicole Racette

### **Scientific Programme Committee**

Joanna Cain – Chair, United States
Nozer Sheriar - Co-chair, India
Oscar Contreras Ortiz, Argentina
Amr El Shalakany, Egypt
Tak Yeung Leung, Hong Kong
Dorothy Shaw, Canada
Anette Tønnes Pedersen, Denmark
Zephne van der Spuy, South Africa
Juan Diego Villegas Echeverri, Colombia

### **Pre-Congress Courses**

Luis Cabero-Roura – Chair, FIGO Committee for Capacity Building in Education and Training, *Spain* 











# Message from the Chair of the Scientific Programme Committee

### Dear Delegates,



The FIGO Congress in Vancouver will be the most exciting yet, filled with the latest advances and innovations in women's health care, interactive hands on sessions, live surgery, videos, and workshops, as well as new

international guidelines and the latest cancer staging changes for women's health care. The most important international organisations and leaders in obstetrics and gynaecology, led by the members of the Scientific Programme Committee, have been consulted and have contributed up-to-date topics and expert speakers in their areas of special interest. Every aspect of women's lifelong health care will be explored from women's sexual and reproductive rights, ethics of care, environmental toxins and impact on reproduction, as well as all subspecialty (oncology, obstetrics, gynecology, urogynecology, reproductive endocrinology, family planning, adolescent health) issues and needs of unique populations such as displaced women and aboriginal women. Problems relevant to successful health program implementation, capacity building and safety and quality of care in all resource settings will be featured as well.

New to this Congress are the mini hands on sessions during the Congress for team training for safety, obstetrical emergencies, basic gynaecologic procedures and basic laparoscopic skills. These have limited numbers so early registration for these is advised. In addition there will be important keynote lectures, engaging interviews of key international leaders, Stump the Professor session, oral communications, poster displays, videos and special sessions sponsored by international societies and organisations in 3 languages. The programme includes exciting and informative topics of interest to every obstetrician and gynaecologist. I look forward to seeing you there!

Jours W. Chin, 200

Professor Joanna M Cain Chair of the FIGO 2015 Scientific Programme Committee





# Week-at-a-glance

08.00 - 09.30	SUNDAY 4 OCTOBER	MONDAY 5 OCTOBER  Concurrent mini hands on sessions Live surgery Symposia	TUESDAY 6 OCTOBER Concurrent mini hands on sessions Live surgery Symposia*	WEDNESDAY 7 OCTOBER  Concurrent mini hands on sessions Live surgery Symposia*	THURSDAY 8 OCTOBER Concurrent mini hands on sessions Live surgery Symposia	FRIDAY 9 OCTOBER  Concurrent mini hands on sessions Concurrent Symposia Free Communication Sessions
09.30 - 09.55	1	1	Refresh	nment Break		
09.55 – 11.25	S	President's Session	Concurrent Symposia and Workshops*	Concurrent Symposia and workshops*	Concurrent Symposia and Film festival	Concurrent Symposia Free Communication sessions
11.30 – 12.30	ress Courses	The Inaugural Mahmoud Fathalla Lecture: Ms Eve Ensler	Markku Seppala Ovidon Lecture: Dr Linda Giudice	ACOG: Howard Taylor Lecture: Dr Herbert Peterson	De Watteville Lecture: Dr Dennis Lo	Invited Lecture
12.30 – 13.45	Pre-Congress	LUNCH			CLOSING CEREMONY	
13.45 – 15.15	θ-θ-	FIGO special	Special Sessions	FIGO special	Special Sessions	
	<u>a</u>	sessions HOT TOPIC conversations STUMP the PROFESSORS Special Sessions by Collaborating Organisations	by Collaborating Organisations Free Communication Sessions Special Sessions by Collaborating Organisations	sessions HOT TOPIC conversations Special Sessions by Collaborating Organisations* Free Communication Sessions	by Collaborating Organisations Free Communication Sessions Special Sessions by Collaborating Organisations	
15.15 – 15.30	<u>a</u>	HOT TOPIC conversations STUMP the PROFESSORS Special Sessions by Collaborating Organisations	Organisations Free Communication Sessions Special Sessions by Collaborating	HOT TOPIC conversations Special Sessions by Collaborating Organisations* Free Communication Sessions	Organisations Free Communication Sessions Special Sessions by Collaborating	
15.15 – 15.30 15.30 – 17.00	<u>a</u>	HOT TOPIC conversations STUMP the PROFESSORS Special Sessions by Collaborating Organisations	Organisations Free Communication Sessions Special Sessions by Collaborating Organisations	HOT TOPIC conversations Special Sessions by Collaborating Organisations* Free Communication Sessions	Organisations Free Communication Sessions Special Sessions by Collaborating	
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<sup>\*</sup> Spanish and French language sessions

- Posters will be displayed from Monday to Thursday between 08h00 and 17h00 General Assembly will take place on Tuesday 6th October and Thursday 8th October Simultaneous translations may be available in French and Spanish for chosen lectures and symposia





# FIGO 2015 Provisional Scientific Programme

### **President's Session:**

Every Mother, Every Newborn - Panel.

Leaders from world organisations will provide their insights.

### The Inaugural Mahmood Fathalla Lecture:

Ms Eve Ensler

### Markku Seppala Ovidon Lecture:

Professor Linda Giudice: Environmental Exposures and Reproductive Outcomes:

A Call to Action!

### **ACOG: Howard Taylor Lecture:**

Professor Herbert Peterson: Great Moments in Global Women's Health and Why We Are in One Now!

### De Watteville Lecture:

Professor Dennis Lo: Fetal DNA in Maternal Plasma: Translating Science into a New Clinical Paradigm

### Other plenary topics:

- Safe Motherhood
- MDG updates
- Menstrual Disorders classification and update
- Fertility Tool Box
- Women's Sexual and Reproductive Rights
- Women's Cancer Committee
- Ethical Aspects of Human Reproduction and Women's Health
- Prevention of Unsafe Abortion; The changing landscape of abortion
- First Nation/ aboriginal women's health



Eve Ensler is the
Tony Award winning
playwright, activist and
author of the theatrical
phenomenon, The
Vagina Monologues,
which has been
published in 48
languages and
performed in over 140
countries. Eve's plays

include Necessary Targets, The Treatment, The Good Body, and Emotional Creature.

Her books include: Insecure At Last: A Political Memoir; the New York Timesbestseller, I Am An Emotional Creature, and her latest critically acclaimed memoir, In the Body of the World.

She is founder of V-Day, the global activist movement to end violence against women and girls, and One Billion Rising, a global mass action campaign in over 200 countries. She was named one of Newsweek's "150 Women Who Changed the World" and The Guardian's "100 Most Influential Women." Her newest play O.P.C. will premiere at A.R.T. at Harvard in November.

Photo credit: © Brigitte Lacombe

- Displaced and Migrating women's health and reproductive outcomes
- STUMP the professor sessions
- Debriefing near misses for maternal safety

### **Innovative New Programmes:**

Safety and Quality:	Train the trainers: Bring a team and learn the basics of team training that can directly impact your patient's safety in your hospital and office setting
Mini Hands on Simulation:	Maternal hemorrhage/ shock; Gynaecologic office minor or office procedures; basic laparoscopic skills
Sexual and Reproductive Rights Curricula:	Interactive programme to train attendees to use curricula to explore these issues in their own practices or institutions
Ethics Curricula:	Interactive programme to train attendees to use curricula to explore ethical issues in women's health in their own practice or institutions
HOT TOPICS:	Interviews with international leaders on women's health controversial topics
LIVE SURGERY:	Film festivals of surgical techniques and options





# FIGO 2015 Provisional Scientific Programme

Highlights of Focused Track Sessions Topics: Global Maternal/ Child Health:

- Caesarian Section or Vaginal Birth: What is the safest way?
- Essential Interventions in Newborn health
- Prediction, Prevention and Treatment of Hypertensive Disorders of Pregnancy
- Overcoming Sepsis: A major killer of women and newborns
- Report of the Intergrowth 21 Consortium: Global Perinatal Package for Growth & Development in the 21st century
- A solution pathway for preterm birth: Accelerating a priority research agenda
- What the International Network of Obstetric Surveillance Systems can tell us about causes of Maternal Morbidity and Mortality

# Obstetrics and Maternal/ Fetal Medicine:

- Critical Illness and Maternal Mortality
- Fetal Diagnosis and Fetal Therapy
- Intrapartum Fetal Monitoring
- Maternal Medical Issues
- Pregnancy as a Window to Future Health
- Immunization during pregnancy: Critical Disease prevention strategy for Mothers and Babies
- The art and science of operative obstetrics

### General Gynaecology and Surgery:

- Abnormal Uterine Bleeding: Updates and classification
- Endometriosis
- Sexually Transmitted diseases: Global Perspective
- PCOS: the non fertility issues
- Vulvovaginal disease from diagnosis to evidence based treatment
- Diagnosis and management of pelvic pain
- · Menopause: diagnosis, treatment, and best care
- Overview of conventional gynaecological surgery: is it relevant?
- Fertility enhancing gynaecologic endoscopy
- Hysterectomy in 2015
- Learning and teaching gynaecologic surgery
- Medical and surgical termination of pregnancy

### Oncology:

- Prevention and Screening for Gynaecologic Cancers
- Diagnosis of Gynaecologic Cancers
- Treatment of Gynaecological Cancers
- Palliative Care for women with cancer
- Women's cancers and health economics
- Cervical Cancer Control: the essentials
- Screening for cervical cancer
- Vaccination for cervical cancer primary prevention: strategies to enhance uptake and outcomes
- Breast Cancer: From managing masses to treatment of breast cancer





# FIGO 2015 Provisional Scientific Programme

### **Pelvic Floor Disorders:**

- Urinary incontinence: a lifelong perspective
- Pelvic floor neurogynaecology and management of colorectal and perineal disorders
- · Acute Bladder and ureteral injury and management
- Controversies in Gynaecologic Pelvic Floor surgery
- Prevention and management of Fistula
- Pelvic Floor Task Force Recommendations

# Reproductive health: Infertility management

- The FIGO Fertility Tool Box: What is being done?
- Access to infertility care globally
- · Effectiveness of infertility care
- · Safety of Infertility care
- Oncofertility
- New and Future Technologies in Infertility

### **Reproductive options**

- Long Acting Reversible Contraception
- Termination of Pregnancy and ongoing clinical and social challenge
- Unmet needs in contraception provision
- Contraception for Special Groups
- Post abortion contraception
- Institutional and individual abortion stigma reduction
- Methodologies to improve quality in women's reproductive healthcare: safe abortion, contraception and LARC from experience in countries with high rates of unsafe abortion

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### **Special Topics:**

- How to write and publish for journals (International Journal of Gynecology and Obstetrics, Obstetrics and Gynecology, British Journal of Obstetrics and Gynaecology, Journal of Obstetrics and Gynaecology Canada)
- Presentations and updates from International Agencies such as UNFPA, WHO, IARC
- Special presentations: Spanish and French language sessions







# **Pre-Congress courses**

We are pleased to announce that the FIGO Committee for Capacity Building in Education and Training (CCBET) in conjunction with The Society of Obstetricians and Gynaecologists of Canada (SOGC) and other organisations will organise a number of pre-Congress courses on a variety of issues relevant to obstetrics and gynaecology. FIGO would like to take advantage of the opportunity offered by the presence of so many delegates who will attend the Congress to improve their knowledge and skills in the topics that will be presented. The courses will be held at either the Vancouver Convention Centre (VCC) or at the local hospitals. The courses will be conducted by experienced speakers and will be based on practical and hands-on skills.

**These courses will take place on Sunday, 4th October 2015.** Please visit the Congress website for course times.

The topics are:

# Course 1: Introduction to the new FIGO Maternal Nutrition Guidelines

There is global consensus on the need for women to adopt optimal nutrition practices when planning a pregnancy, during a pregnancy and in the postpartum period.

Moreover, latest evidence also demonstrates that appropriately balanced nutrition, physical activity, and good maternal body composition prior to conception can reduce the risk of pregnancy complications such as pre-eclampsia and gestational diabetes as well as positively impacting on the development of the newborn and the health of the adult offspring.

During this workshop, FIGO will launch its international guidance on maternal nutrition. These guidelines seek to support health care professionals across the world to provide evidence based advice to women and their partners on the micro- and macronutrients required at various stages of the lifecourse.

Interactive discussions will take place on a range of topics including the double burden of obesity and under-nutrition; the cultural practices and social factors which impact upon maternal nutrition; and the multi-disciplinary approaches required for improving maternal nutrition.

Health care professionals interested in promoting and implementing these guidelines at a national level are invited to attend this meeting.

Chair: Prof Mark Hanson

**Registration fee: Free** (registration via the Congress website on a first come first served basis)

Duration: 3 hours

### Course 2: Dealing with difficult patients in Ob Gvn Practice

Patients might be difficult because their diagnosis remains unclear or because they suffer from a chronic disease, a somatoform disorder or from psychiatric comorbidity, in particular borderline disorder. They may also be difficult because they are not compliant and / or adherent, highly demanding and time consuming. Furthermore they might be considered difficult, because we as physicians are not able to solve their social or intercultural problems or simply do not understand them, as there is no common language. Last but not least patients are difficult, when taking care of them results in legal problems.

In most of these situations physician-patient relationships is compromised, and physicians might experience themselves as not efficient, insufficient and helpless. As a consequence communication is disturbed causing distress not only for the patient but also for the physician.

Besides a theoretical input the workshop will focus on identifying typical situations when confronted with difficult patients. By means of group discussion and role plays we will identify and train helpful interventions. Furthermore we will introduce strategies how to enhance self-care and to prevent burn-out. Participants are invited to bring along their own cases and questions.

Organised by: International Society for Psychosomatic Obstetrics and Gynecology (ISPOG)

Registration fee: CAD 70 Duration: 3 hours





# **Pre-Congress courses**

### Course 3: Diabetes and Pegnancy in Lowresource Countries

Organised by FIGO Working Group on Diabetes and Pregnancy, this course will highlight the important influence that diabetes has on maternal health as a non-communicable disease which can lead to many causes of maternal mortality (pre-eclampsia, obstructed labour, postpartum haemorrhage, etc.) and for newborns and adults on a long term basis. The course will also discuss the strategies of basic screening and the treatment of diabetes in low-resource countries.

Chair: Prof Moshe Hod

Registration fee: CAD 140

**Duration: Full day** 

# Course 4: Basic and Intermediate Laparoscopic Training Programme

This course is directed towards gynaecologists practising basic laparoscopic surgery and would like to progress to advance surgical skills.

The course will be conducted by world renowned laparoscopic surgeons.

One of the significant limiting factors to the gynaecologist is the inability to suture laparoscopically.

The course will cover the following aspects of laparoscopic surgery: (HANDS ON TRAINING)

- Hand-eye coordination
- choice of needle and suture material
- extra corporeal suturing
- intra corporeal suturing
- indications for suturing in gynecological suturing
- formal lectures on laparoscopic myomectomy
- videos to simplify suturing techniques

This course will equip the gynaecologists with appropriate skills to confidently approach laparoscopic surgery.

This being a laboratory training programme there will be only 24 places available.

Chair: Prof Bashkar Goolab Registration fee: CAD 140 Duration: Full day

### **Course 5: Hysteroscopy**

This course is directed towards gynaecologist to appreciate the relevance of diagnostic and operative hysteroscopy.

The course will be conducted by world renowned hysteroscopic surgeons.

The course will cover the following aspects:

- equipment for diagnostic and operative hysteroscopy
- distension media in hysteroscopy
- the benefits of office hysteroscopy
- electro surgery in hysteroscopy
- video session showing management of polyps, fibroids and uterine septum
- dedicated training in hysteroscopic resection on a heart model (HANDS ON TRAINING)

This course will equip the gynaecologist with familiarising the hysteroscopy surgery in modern gynaecological practice.

Chair: Prof Lotte Clevin

Registration fee: CAD 140

Duration: Full day





# **Pre-Congress courses**

# Course 6: Abnormal Invasive Placenta (AIP): An Update

The course was designed to provide accurate and updated information about abnormal invasive placenta, which include all degrees of placental invasion (placenta accreta, increta and percreta). This group of conditions rises worldwide, especially in countries with a high rate of cesarean. Every day reports appear with new information of AIP, although novel data is not always easy to understand or to apply in our patients.

International speakers were selected according to specific knowledge and real experience in this field. We included the most significant subjects to improve the quality of information for the attendants. We are aware that each topic can be extensive; therefore, the program indicates the topic and also the list of specific contents. This selection includes questions that obstetricians usually need to know, although they are not always included in average Congress presentations.

Therefore, this course excludes certain basic aspects of abnormal invasive placenta, with singular emphasis on specific problems. Pre-course program include contemporary data about AIP and its relation with epidemiology, etiology, association with cesarean scar defects, possible prevention, proximal vascular control methods and their specific efficacy, relevant news in diagnosis, resective ablative and resective conservative treatments, an update of topics concerning placenta in situ, future pregnancy, up to date information about embolization, unexpected abnormal invasive placenta during cesarean among others.

International collaboration among researches has enables changes in management, which allows gathering rich and real experiences of AIP cases. It is our aim to share this experience with the attendees in a simple, clear and updated way.

Chair: Prof José Ma Palacios Jaraquemada

Registration fee: CAD 140 Duration: Full day

### Course 7: Postpartum Haemorrhage (PPH)

As everyone is aware, postpartum haemorrhage (PPH) is the most important cause of maternal mortality worldwide. The CBETC considers that this topic should be the focus of a hands-on training course. The course will present a practical use of balloons, using models, as well as a variety of videos on surgical treatments (B-Lynch sutures, hypogastric sutures, etc.). It will also include guidelines for holistic treatment of PPH.

Chairs: Dr Andre Lalonde, Dr Mahantesh Karochi, Prof Carlos Fuchtner

Registration fee: CAD 140 Duration: Full day



Please visit the Congress website **www.figo2015.org** for more details, updates and to register. Please note you need to register for the Congress in order to participate in pre-Congress course of your choice.





# **Abstract Submission Guidelines**

The Scientific Programme Committee of the XXI FIGO World Congress welcomes the submission of abstracts for free communication - oral and poster presentations. The time allocated for each oral presentation will be 7 minutes. There will be 3 additional minutes for questions and discussion. **Please visit the official Congress website www.figo2015.org to submit your abstract.** 

### Abstract submission deadline: 15 March 2015

### **General Policies**

- SUBMISSION LIMIT: There are no restrictions on the number of abstracts submitted, but one person may only be designated as presenter on a maximum of two submissions.
- 2. LANGUAGE: Abstracts must be submitted in English.
- 3. NOTIFICATION: Presenting authors will be notified whether their abstracts are accepted by the 30 April 2015 together with further details and instructions for oral and poster presentation.
- REGISTRATION: Presenters whose abstracts have been accepted must register for the Congress and pay the registration fee by 15 May 2015.
   Failure to do so may result in exclusion from the programme.
- 5. PRESENTER: Only the name of the presenting author will appear in the final Congress programme. Only one presenter is allowed for each presentation.
- ABSTRACTS: Abstracts submitted to other international meetings must not be submitted.

### **Abstract Format**

- Please log on to www.figo2015.org to familiarise yourself with the submission guidelines.
- 2. The use of tables and images is not allowed.
- 3. Use standard abbreviations.
- 4. Proofread carefully before submitting.

### **Abstract Topics**

Please visit the Congress website: **www.figo2015.org** to view the full list of topics.

### **Abstract Content**

Online abstract form is divided into the following sections:

**Objectives** - state concisely why the study was conducted.

**Method** - indicate the location, number and type of human subjects, non-human species or material being studied, design of the study, the type of intervention, the principal assays or test(s) performed and the types of statistical analyses if appropriate.

**Results** -the main findings and results should be reported; where appropriate, the results should be supported by statistical analysis.

**Conclusions** - state the main conclusions of the study, the significance of the results and how the results may affect patient management, or our understanding of the condition.

Abstracts stating merely that the results will be presented or discussed at the Congress may be rejected.

### **Submission Procedures**

FIGO Congress website has been designed to enable abstract uploads. Please log on to

www.figo2015.org and follow the instructions.

If you experience any technical difficulties, please email congress@figo.org

Submissions by email, fax and post will be rejected.

Abstract Timeline:	
Submission deadline	15 March 2015
Notification of acceptance of abstract	30 April 2015
Registration deadline for presenters	15 May 2015





# Contact Us

### **Congress Secretariat**

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### Scientific Programme Secretariat

FIGO

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### **General Information**

figo2015@icsevents.com

### **Sponsorship & Exhibition Information**

figo2015-sponsorship@icsevents.com

### **Housing Information**

figo2015-housing@icsevents.com

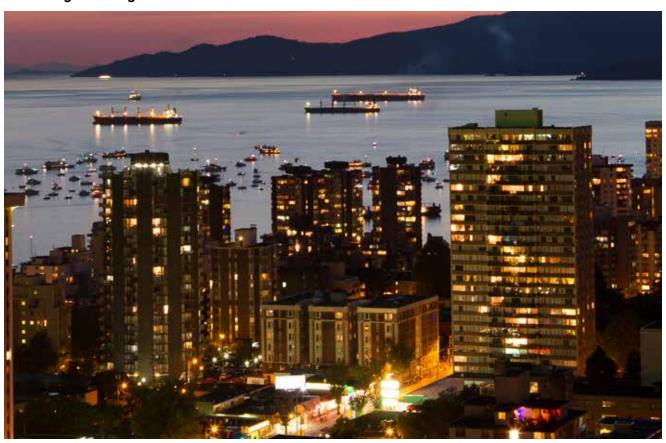
### **Registration Information**

figo2015-registration@icsevents.com

# Registration and Housing Information for Groups

figo2015-groups@icsevents.com

The latest information and updates to this 2nd Announcement can be found on the Congress website at **www.figo2015.org** 







# **Registration Information**

Please note the FIGO 2015 Organising Committee has ensured that registration fees are at the same rate as the previous two FIGO Congresses.

Fee Description	EARLY	REGULAR	LATE/ON-SITE
	Registration	Registration	Registration
	on or before	on or before	after
	May 15, 2015	August 31, 2015	August 31, 2015
Delegate	CAD \$1,000	CAD \$1,150	CAD \$1,300
Low-Resource Countries *	CAD \$800	CAD \$800	CAD \$850
Registrars/Trainees/Midwives **	CAD \$600	CAD \$600	CAD \$650
Accompanying Person	CAD \$250	CAD \$250	CAD \$250

<sup>\*</sup> Please visit the Congress website for a list of low-resource countries that qualify for the discounted rate.

### Delegate Registration Fee includes:

- · Opening Ceremony and Reception
- Closing Ceremony
- FIGO Evening for All
- Access to all sessions and the Exhibition Hall
- Refreshment breaks
- Delegate bag and Congress literature

Please note registration fee does not include breakfast or lunches.

### Accompanying Person(s) Registration Fee includes:

- Opening Ceremony and Reception
- Closing Ceremony
- FIGO Evening for All
- Access to the Exhibition Hall

Please note Accompanying Persons cannot attend any Scientific Sessions.

### How to Register:

Online registration opens October 15, 2015 via the Congress website at **www.figo2015.org** Please visit the Congress website for additional information and the most up to date information.

<sup>\*\*</sup> Registrars, trainees and midwives are required to submit an official letter on their Institution's letterhead OR photocopy of their 2015/2016 Trainee ID from the Institution where they are studying indicating proof of their Trainee status, which can be uploaded at the time of registration. Registration will not be processed without receipt of this documentation.





# **Social Events**

### **Opening Ceremony & Welcome Reception**

Sunday, October 4, 2015

Opening Ceremony: Plenary Hall, VCC West Building, 18:00-19:30

Welcome Reception: FIGO Exhibition Hall, VCC West Building, 19:30-21:00

### (Included in the registration fee for delegates and accompanying persons)

The evening will truly be a Vancouver Affair! The Opening Ceremony will set the tone for the Congress with official remarks while featuring a glimpse into the multiculturalism that gives Vancouver its uniqueness. Following the Opening Ceremonies, guests are invited to the Exhibit Hall for the Welcome Reception and the opportunity to mix and mingle with exhibitors, colleagues and friends while enjoying local wines and hors d'oeuvres.

### FIGO Evening for All

Tuesday, October 6, 2015

VCC West Building, 19:30-22:00

### (Included in the registration fee for delegates and accompanying persons)

All delegates are invited to join old and new friends alike for an exclusive Street Festival evening showcasing BC wines, local craft beers and hearty fare inspired by the many Vancouver street food carts and farmer's markets.

### FIGO Gala Dinner

Thursday, October 8, 2015

VCC West Building, 19:30-22:30

### (Not included in the registration fee). Price: CAD 185 per person

Along with a three-course formal dinner complimented with local wines, we are bringing you the special magic of an exclusive FIGO Cirque production. A live band will top the evening to dance the night away.

### **Closing Ceremony**

Friday, October 9, 2015

Plenary Hall, VCC West Building, 12:30-13:30

### (Included in the registration fee for delegates and accompanying persons)

The Closing Ceremony will celebrate the success of the Congress with highlights of the session topics and mark the inauguration of the incoming FIGO President. The host city for the XXII FIGO Congress in 2018 will also be presented. Light refreshments will be served after the Closing Ceremony.







# **Optional Evening Events**

**Monday, October 5, 2015** – various locations Please visit the Congress website for schedule and prices.

(Not included in the registration fee)

Delegates may choose to experience Vancouver and the Canadian lifestyle beyond the Congress venue!

# Big Band Swing Night at the Commodore Ballroom

Located in the heart of the entertainment district, the Commodore is Vancouver's iconic venue for best live music since the late 1920s. This is the perfect place for a great night of social dancing as you jive, quickstep, foxtrot and waltz the night away or just sit back and listen to swing and big band classics made famous by the likes of Duke Ellington, Glenn Miller, Benny Goodman, Frank Sinatra, and the Rat Pack.

### **Cruising the Waterways**

Sail off for a scenic cruise on Vancouver's harbour for a totally different perspective of Vancouver. Ever-changing city views, breathtaking mountain and sea surroundings along with casual dining are sure to be the perfect backdrop to relax and socialize with your peers.

# Cultural Encounter – UBC Museum of Anthropology

The Museum of Anthropology is famous for its ethnographic and archaeological objects from around the world, many of which originate in particular from the Northwest Coast of British Columbia. Its treasures are housed in an impressive building designed by world-renowned local architect Arthur Erickson and resting at the edge of the sea, on the lush campus of the University of British Columbia. An exclusive First Nations dance performance in the Great Hall will complete your cultural encounter.

### Eureka Night at Science World

The glittering geodesic building of Science World provides a truly out-of-this-world atmosphere for a special evening. Fascinating and interactive exhibits are teaming up to bring you a night of fun, exploration and inspiration. Sip refreshments by a touchable tornado, nibble on tasty hors d'oeuvres while testing your wits against mental puzzles and come face-to-face with all the creativity, imagination and wonder that comes with (re)discovering science in an informal environment.

### Grouse Mountain, the Peak of Vancouver

Experience the Canadian mountain wilderness, the logging camp's lifestyle and the Coast Salish culture. Besides sweepings views, fresh air and an exclusive logging show, guests will have access to the Theatre in the Sky, the Eye of the Wind turbine, the hiwus Feasthouse and the Peak Chairlift (weather depending). Refreshments and finger food will be offered throughout the venue.

# Wonders of the Vancouver Aquarium & Marine Centre

Exhibiting over 30,000 aquatic animals from the steamy Amazon Jungle to the Frigid Arctic seas, the Aquarium is an exciting place location for a memorable event. We invite you to wander throughout the galleries to learn fascinating facts about the marine world while enjoying refreshments and hors d'oeuvres.





# **Hotel Summary**

International Conference Services Ltd. (Official Housing Bureau) has negotiated the best rates possible with each hotel property. Rates are confirmed for 2015.

Rates quoted in Canadian Dollars (taxes not included).
Rates DO NOT include Breakfast unless otherwise indicated. Rates are subject to change.



	Hotel	Rating	Rate per Night (CAD)  Not including taxes	Distance to VCC
1.	Four Seasons Hotel Vancouver	5 star	\$210	11 minute walk
2.	Coast Coal Harbour	4 star	\$215	6 minute walk
3.	Fairmont Hotel Vancouver	4 star	\$229	8 minute walk
4.	Fairmont Pacific Rim Vancouver	4 star	\$279 - \$299	1 minute walk
5.	Fairmont Waterfront Vancouver	4 star	\$255 - \$275	3 minute walk
6.	Hyatt Regency Vancouver	4 star	\$239	8 minute walk
7.	Le Soleil Vancouver	4 star	\$159	5 minute walk
8.	Marriott Vancouver Pinnacle Downtown	4 star	\$229	5 minute walk
9.	Metropolitan Hotel Vancouver	4 star	\$180 - \$199	7 minute walk
10.	Pan Pacific Vancouver	4 star	\$268 - \$289	2 minute walk
11.	Renaissance Vancouver Harbourside Hotel	4 star	\$229	5 minute walk
12.	Westin Bayshore Vancouver	4 star	\$199	15 minute walk
13.	Sandman Suites Vancouver on Davie	3 ½ star	\$129	20 minute walk
14.	Sandman Hotel Vancouver City Centre	3 star	\$99	19 minute walk





# **Hotel Summary**

### FOUR SEASONS HOTEL VANCOUVER \*\*\*\*

13 minute walk to Vancouver Convention Centre

Room Type: Run of House

Room Rate: \$210.00; Room Rate incl. Taxes: \$244.65

Four Seasons Hotel Vancouver is truly at the centre of it all. Situated in the heart of downtown Vancouver, it's connected at the lower lobby level to more than 100 shops and services of Pacific Centre, and located just minutes from world famous Stanley Park, art galleries, theatres, sporting venues and night clubs. Four Seasons Hotel Vancouver provides a preferred address for both business and leisure travelers, and the highly personalized, anticipatory service that Four Seasons guests expect.



### COAST COAL HARBOUR \*\*\*

6 minute walk to Vancouver Convention Centre

Room Type: Comfort Room, two double beds & Superior, one king bed

Room Rate: \$215.00 (includes comp. internet);

Room Rate incl. Taxes: \$250.48

Breakfast Rate incl. Taxes: \$19.66/person/day

Welcoming and spacious, the Coast Coal Harbour Hotel combines city sophistication with West Coast comfort. It's fresh, it's modern, and it has Vancouver at its doorstep with the best of everything the city has to offer. Places like Stanley Park, Gastown, the Vancouver Art Gallery, Vancouver Convention Centre and the trendy shopping district of Robson Street.



### FAIRMONT HOTEL VANCOUVER \*\*\*\*

8 minute walk to Vancouver Convention Centre

Room Types: Run of House

Room Rate: \$229 (includes comp. internet, comp. access to health club,

comp. daily newspaper delivery) Room Rate incl. Taxes: \$266.79

Breakfast Rate incl. Taxes: \$30.45/person/day

The Fairmont Hotel Vancouver is the landmark hotel in downtown Vancouver, known as the 'Castle in the City'. Located just steps from Vancouver's business, shopping and entertainment district, it is the perfect place to explore Vancouver's spectacular scenery and vibrant downtown Vancouver lifestyle.







# **Hotel Summary**

### FAIRMONT PACIFIC RIM VANCOUVER \*\*\*

1 minute walk to Vancouver Convention Centre Room Types: Fairmont City View & Deluxe Water View

Room Rate: \$279.00 - \$299.00 (includes comp. internet, comp. access to

health club, comp. daily newspaper delivery); Room Rate incl. Taxes: \$325.04 - \$348.34 Breakfast Rate incl. Taxes: \$34.65/person/day

Conveniently situated on the water, close to the downtown financial district and Coal Harbour, it is in a vibrant new waterfront area across the street from the cruise ship terminal, and close to shopping and restaurants. An underground walkway connects the Vancouver harbour hotel to the newly expanded Vancouver Convention Centre. Cosmopolitan but casual and contemporary, this downtown Vancouver hotel combines the best of the Pacific Rim in its plan, décor, and culinary offerings.



3 minute walk to Vancouver Convention Centre Room Types: Fairmont City View & Deluxe Harbourview

Room Rate: \$255.00 - \$275.00 (includes comp. internet, comp. access to

health club, comp. daily newspaper delivery);

Room Rate incl. Taxes: \$297.08 - \$320.38 Breakfast Rate incl. Taxes: \$30.98/person/day

The Fairmont Waterfront Hotel showcases the best of Vancouver. Conveniently situated beside the Canada Place Cruise Ship Terminal and adjacent to the Vancouver Convention Centre, this beautiful Vancouver hotel has a central harbour location ideal for any stay. Offering an undeniable west coast experience and the ultimate urban retreat, guestrooms are spacious, elegantly appointed with distinctive amenities and showcase spectacular city, mountain and harbour views through floor-to-ceiling windows.

### HYATT REGENCY VANCOUVER \*\*\*\*

10 minute walk to Vancouver Convention Centre

Room Types: Standard Single/Double

Room Rate: \$239.00 (includes comp. internet);

Room Rate incl. Taxes: \$278.44

Breakfast Rate incl. Taxes: \$32.22/person/day

Let the Hyatt Regency Vancouver be your ideal starting point to explore everything this dynamic city offers. Freshly updated to reflect the excitement and vibrancy of Vancouver, the hotel is surrounded by the bustling business centre and within close proximity of the unique shops of Robson Street, the greenery of Stanley Park, the Vancouver Convention Centre, and Rogers Arena, home of the National Hockey League's Vancouver Canucks.











# **Hotel Summary**

### LE SOLEIL VANCOUVER \*\*\*\*

5 minute walk to Vancouver Convention Centre Room Types: Executive one bed room suites Room Rate: \$159.00 (includes comp. internet);

Room Rate incl. Taxes: \$185.24

Breakfast Rate incl. Taxes: \$26.25/person/day

An intimate repose in the heart of Vancouver's business and shopping districts, Executive Hotel LeSoleil is known for its all suite boutique experience and exceptional service. A four-diamond property (AAA) since it opened its doors in 1999, the Executive Hotel Le Soleil has been recognized as one of the top 25 hotels in Canada. Designed to reflect stylish sophistication and the warmth of old world elegance, the inspiration for the design came from luminary hotels; the Savoy in London and Le Crillon in Paris. The hotel is locally owned and operated.



5 minute walk to Vancouver Convention Centre

Room Types: Standard City View

Room Rate: \$229.00 (includes comp. internet);

Room Rate incl. Taxes: \$266.79

Breakfast Rate incl. Taxes: \$31.50/person/day

Welcome to the Vancouver Marriott Pinnacle Downtown. With the inviting atmosphere and award winning CAA/AAA Four Diamond service, you will discover a hotel in Vancouver that puts you in the centre of it all. The Marriott boast a prime location, just steps from Coal Harbour, the Vancouver Convention Centre and world class shopping on Robson Street – making the Marriott Vancouver Downtown hotel the perfect choice for both business and leisure travelers.

### METROPOLITAN HOTEL VANCOUVER \*\*\*\*

7 minute walk to Vancouver Convention Centre

Room Types: Deluxe & Luxury

Room Rate: \$180.00 - \$199.00 (includes comp. internet);

Room Rate incl. Taxes: \$209.70 - \$231.84 Breakfast Rate incl. Taxes: \$28.80/person/day

Metropolitan Hotel Vancouver - a beautiful Vancouver hotel with a superb downtown location and yet at the same time positioned against a serene mountain backdrop. The hotel's convenient downtown Vancouver location is surrounded by all the pleasures and excitement that one of Canada's finest cities has to offer, whether you come for business or pleasure.











# **Hotel Summary**

### PAN PACIFIC VANCOUVER \*\*\*\*

2 minute walk to Vancouver Convention Centre

Room Types: Deluxe, Deluxe Harbour & Bayview Suite (one bedroom)

Room Rate: \$268.00 - \$289.00 (includes comp. internet);

Room Rate incl Taxes: \$312.22 - \$336.69 Breakfast Rate incl. Taxes: \$35.65/person/day

The Pan Pacific Hotel Vancouver is uniquely located atop Canada Place at the heart of Vancouver's downtown waterfront. With the iconic five sails rising above the Alaska cruise ship terminal and the Vancouver Convention Centre, the Pan Pacific is an unparalleled downtown hotel destination, with sweeping views of the Coastal Mountains, Coal Harbour and Vancouver's city skyline. Our incredible location puts everything nearby. Perfect for groups, business or leisure travelers, step out the front door of the hotel and you're minutes from the financial district, shopping, theatres, the marina and renowned Stanley Park.



RENAISSANCE VANCOUVER HARBOURSIDE HOTEL 5 minute walk to Vancouver Convention Centre

Room Types: Standard City View

Room Rate: \$229.00 (includes comp. internet);

Room Rate incl Taxes: \$266.79

Breakfast Rate incl. Taxes: \$31.50/person/day

The Renaissance Vancouver Harbourside Hotel has been uniquely transformed, offering stylish guestrooms reflective of the city's spirit. Located on the waterfront in downtown Vancouver, this beautiful hotel is only minutes away from the Alaska Cruise Ship Terminal, Vancouver Convention and Exhibition Centre, historic Gastown and Stanley Park.

### THE WESTIN BAYSHORE VANCOUVER \*\*\*\*

15 minute walk to Vancouver Convention Centre Room Types: Traditional Rooms (single & double) Room Rate: \$199.00 (includes comp. internet);

Room Rate incl Taxes: \$231.84

Breakfast Rate incl. Taxes: \$29.40/person/day

The Westin Bayshore is a downtown Vancouver hotel that offers guests the best of both worlds: the activities and cultural events of the city, as well as a relaxing Vancouver resort experience. This unique duality is just one of the features that allowed The Westin Bayshore, Vancouver to be named to Condé Nast Traveler's Gold List. Enjoy views of the coastline, distant mountains, and Stanley Park, plus easy access to things to do in Vancouver, all from one of the city's top downtown Vancouver hotels.











# **Hotel Summary**

### SANDMAN SUITES VANCOUVER ON DAVIE \*\*\*

21 minute walk to Vancouver Convention Centre

Room Type: One Bedroom Suite with Full Kitchen and Insuite Washer &

Dryer

Room Rate: \$129.00 (includes comp. internet);

Room Rate incl Taxes: \$150.29

Situated in the picturesque neighborhood of the West End, Sandman Suites Vancouver on Davie overlooks English Bay, providing breathtaking views of the ocean and mountains. The hotel is an all-suite property and ideal for families or extended stays.



19 minute walk to Vancouver Convention Centre

Room Type: Standard Queen

Room Rate: \$99.00 (includes comp. internet);

Room Rate incl Taxes: \$115.34

Centred in Vancouver's theatre district, the Sandman Vancouver City Centre is within walking distance to Vancouver's famous shopping on Robson Street and to the multitude of restaurants and nightlife Vancouver is known for. Aside from the perfect location, the hotel has everything to make your stay an experience to remember.





### Group (10 or more) Information

For group accommodation (10 rooms or more), please contact figo2015-groups@icsevents.com

The Conference Secretariat (International Conference Services) is the Official Housing Bureau and will offer assistance with the coordination of housing requirements for the Congress.

Special room rates have been negotiated with several hotels in Vancouver and will be available to Congress delegates only. We have secured a variety of hotels that range from the truly superior to the more conservative accommodations. All hotels are located in the heart of downtown within 20 minutes walking distance to the Vancouver Convention Centre. There is a hotel for every taste, budget and need. Depending on the property you select, your group will receive a range of amenities, exclusive to your delegates!



We urge all delegates, sponsors and exhibitors to book official FIGO Congress Hotels. The success of the XXI FIGO World Congress depends on delegates, sponsors and exhibitors using the contracted hotels. FIGO cannot meet contracted room obligations if delegates, sponsors and exhibitors reserve rooms outside the official hotels.

Housing block "pirates" now routinely "poach" Congress sponsors, exhibitors and attendees. The pirating companies gather information from print or online directories and may contact you, leaving the impression that they are the official housing bureau. They may frequently cite an imminent sell-out of the block, while urging you to secure your housing immediately. Another tactic is to offer a room rate that is significantly less than the official rate. In some instances pirates have taken room deposits and have failed to make room reservations. This kind of activity is not only unethical it is illegal. Please ensure your group contract is with International Conference Services (ICS).





# **General Information**

### Congress Venue

1055 Canada Place, Vancouver, Canada www.vancouverconventioncentre.com

Surrounded by the mountains and located on the waterfront at Canada Place in the heart of beautiful downtown Vancouver, the Vancouver Convention Centre is an award-winning facility and is one of the world's most striking convention settings. Famous for its picturesque Five Sails, the VCC opened as the Canada Pavilion during the 1986 World's Fair, and has twice received the AIPC Apex award as "World's Best Convention Centre" in 2002 and 2008. It is the only convention centre in the world to win the award twice.

Built over land and water, the new \$900 million West Wing (host site of this Congress) boasts floor-to-ceiling windows throughout that treat guests to phenomenal harbour and mountain views, and is a masterpiece of design, inspiration and sustainability. The commitment to green technology can be found in every corner: the six-acre "living roof", seawater heating and cooling, on-site water treatment, and a fish habitat built into the foundation.



### Vancouver, Canada

Vancouver is consistently ranked as one of the most beautiful cities in the world. It is a city of stunning natural beauty nestled between the snow-capped Coastal Mountains and the blue waters of the Pacific Ocean, as well as being a cosmopolitan city of 2.5 million people, bustling with activity. To enhance your stay, Vancouver presents a dazzling array of attractions to entertain, excite and inform visitors. Bring a camera to capture the breathtaking panoramic views while walking along the Seawall, relax in Stanley Park, take a boat ride to Granville Island, or enjoy world-class shopping and our famous West Coast cuisine. Imagine going sailing, playing a round of golf on an internationally renowned golf course, whale watching on the Pacific Ocean, or a sunset dinner with a view of the majestic mountains at Whistler/Blackcomb Resort - all in the same day! Families will find exceptional facilities that their children will thoroughly enjoy.

For further ideas on attractions and sites to visit while in Vancouver, please visit **www.tourismvancouver.com** and see our optional tours offered.

### Climate

Warmed by Pacific Ocean currents and protected by a range of mountains, Vancouver's weather is mild year-round. From high 70's Fahrenheit (low 20's Celsius) in summer to a mild mid 40's Fahrenheit (0° to 5° Celsius) in winter, the climate is always hospitable. October weather in Vancouver varies from crisp and sunny to cool, damp and grey. It typically rains half the days in October so be sure to bring your umbrella.

- Average October temperature: 10°C / 50°F
- Average high: 14°C / 57°F
- Average low: 6°C / 43°F

For up-to-date weather information, please visit <a href="http://www.theweathernetwork.com">http://www.theweathernetwork.com</a>





# **General Information**

### Getting to Vancouver

Vancouver International Airport (YVR) accommodates 17.5 million passengers annually and over 22,000 international flights each month. YVR offers the shortest flying time between much of North America and Asia as well as being a gateway for Europe.

# Getting to and from the Vancouver International Airport (YVR)

Information on public transportation, taxis, limos, shuttles, car rentals and driving directions, can all be found on the website listed below. The Canada Line is Vancouver's new rapid transit rail link connecting YVR to downtown Vancouver in 26 minutes. It's a fast and easy way to get to the city centres. You can conveniently access trains from both the International and Domestic terminals. Tickets are approximately \$11.50 CAD per adult one-way (this includes the \$5 AddFare. The approximate cost for a taxi from the airport to downtown Vancouver is \$40.00 CAD.

Visit http://www.yvr.ca/en/getting-to-from-yvr.aspx for detailed information about transportation options from YVR.

### Banks and Currency Exchange

1 CAD \$ = 100 cents

Banks are generally open from 09:00 to 16:00, Monday through Friday. Visitors to Canada are encouraged to exchange funds for Canadian dollars at Vancouver International Airport, at a bank or at a foreign currency exchange outlet where they will receive the prevailing rate. Automatic teller machines (ATMs) are found throughout Vancouver. International credit cards are accepted throughout the country and traveler cheques can be changed at banks, hotels, resorts and the airport.

### **Currency Rates**

Please visit the following site for the most up to date currency information:

http://www.bankofcanada.ca/rates/exchange/daily-converter/







# **General Information**

### Taxes

Most purchases in British Columbia will be subject to a 7% Provincial Sales Tax (PST) and a 5% Goods and Services Tax (GST), with the exception of liquor (10% GST).

### **Tipping**

Some properties and resort hotels include tips or gratuities with group tours to simplify bookkeeping. This will usually include gratuities for housekeeping, bell service and food service. Otherwise, customary gratuity will be calculated at 15%, which is a base standard tip in most restaurants, bars and hotels.

### Electricity

Canada operates on 110V, 60 cycle electric power, which is the same as in the United States. Non-North American visitors should bring a plug adaptor if they wish to use their own small appliances from home (razors, hair dryers, etc). If you are visiting from countries, such as Australia, that use a higher voltage, you may encounter problems charging your re-chargeable batteries. Canadian electrical goods come with either

a two-pronged plug, which is the same as the US, or a three-pronged plug; most sockets accommodate both. Some hotels have adapters available at the front desk for guests' use.

# Passport, Visa and Border-Crossing Information

Iraveling to Canada is easier than ever before. A valid passport is required for citizens of all countries. Citizens of certain countries and territories may need a visa to visit or transit Canada. The Canadian government provides a service that can help you understand the travel requirements that are specific to your nationality. Please visit this helpful site to find out which documentation you require to visit Canada and how to apply for a visitor visa should you require one: http://www.cic.gc.ca/english/visit/visas.asp

### **Smoking**

Smoking is not permitted at the Congress facilities. The City of Vancouver has public health regulations that prevent smoking in public buildings, on public transportation and in all restaurants (including patios). Certain bars have designated smoking areas.







# **General Information**

### Letter of Invitation for Visa Policy

An official Letter of Invitation to obtain a Visa and authorization to attend the Congress will be issued ONLY after the Registration Form and full payment have been received.

### Travel and Health Insurance

It is strongly recommended that delegates take out insurance to cover loss incurred in case of cancellation, medical expenses and damage to or loss of personal effects. The organizers of the Congress will not be responsible for any medical costs incurred by delegates. The Organizing Committee will not accept liability for personal injuries or for loss or damage to property belonging to Congress delegates, either during or as a result of the Congress or during any tours.

### Information for People with Disabilities

Vancouver is one of the most accessible cities in the world for people with physical disabilities. For more information on local transportation, restaurants, hotels and other issues related to your stay in Vancouver, please visit:

http://www.tourismvancouver.com/vancouver/accessible-vancouver/

### Languages

Federal government departments provide service in English and French, but most of the population speaks English as either a first or second language. The City of Vancouver is quite cosmopolitan and is a mix of many multicultural groups. Because the city is multicultural, it's also multilingual on an unofficial level. Its people speak many different languages and many follow the traditions of their native lands, sometimes moderating them with Canadian culture. After English and Chinese, the most common mother tongue languages spoken are Punjabi, German, Italian, French, Tagalog (Filipino) and Spanish.

### **Hours of Operation**

Greater Vancouver, like all major cities, runs 24 hours a day, seven days a week. The main workdays are Monday to Friday, from roughly 8am to 6pm - but hours vary for each organization or business. Retailers are usually open seven days a week, and most stores are open from 9:30am to 6pm each day-except Thursday and Friday, when they are open until 9pm. A number of large retail stores, nearly every hotel and motel, and several restaurants, remain open around the clock.

### **Population**

Greater Vancouver's estimated total population is 2.4 million, 52.3% of BC's population of 4.6 million.

### Time Zone

Vancouver is in the Pacific Time Zone. Daylight savings time is in effect from the second Sunday in March until the first Sunday in November. You can see Vancouver's time in relation to most cities on the globe by visiting **www.timeanddate.com**, which also can provide a Canadian calendar.





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http://conventionsplusbookings.staralliance.com/ trips/StarHomeaspx?meetingcode=AC12S15

Registered Event participants plus one accompanying person travelling to the Event qualify for a discount of up to 20%, depending on fare and class of travel booked.

The participating airlines for this Event are: ANA, Adria Airways, Aegean Airlines, Air Canada, Air China, Air India, Air New Zealand, Asiana Airlines, Austrian Airlines, Avianca, Brussels Airlines, Copa Airlines, Croatia Airlines, EVA Airways, EgyptAir, Ethiopian Airlines, LOT Polish Airlines, Lufthansa, SWISS, Scandinavian Airlines, Shenzhen Airlines, Singapore Airlines, South African Airways, TAP Portugal, THAI, Turkish Airlines, United.

Discounts are offered on most published business and economy class fares, excluding website/internet fares, senior and youth fares, group fares and Star Alliance Round the World fares.

The following Star Alliance airlines are offering special discounts for travel to/from Japan: Special Offers for Japan are available from: Turkish Airlines.

To obtain these discounts for travel to/from Japan please contact the respective Star Alliance member airlines' booking office. Contact details can be found on www. staralliance.com/conventionsplus/delegates/under "Conventions Plus Booking Contacts". Please quote the following Event code AC12S15 for ticket reservation.







# **Optional Tours and Activities**

Optional tours and activities are sold to accompanying persons based on availability. Rates include applicable taxes; guide's gratuities are however at your discretion. Tours may be cancelled if minimum required numbers are not met, so please book early to avoid disappointment.

# Stanley Park & Seaside Biking Adventure (3 hours)

### \$120 per person - minimum 15 participants



Just minutes from downtown, the Stanley Park Seawall boasts spectacular mountain, ocean, forest and city views. We cycle counter-clockwise along a paved path past the famous Brockton Point totem poles, under the Lions Gate Bridge, along two of the city's most

popular beaches until we reach English Bay. We continue on the Seaside Bicycle Route, arguably the world's most beautiful urban bike path. Pedal past parks, marinas, and by some of Vancouver's elegant condos and town houses. There will be a mid-way stop for a tasty snack and drink. Bike and helmet rentals are included.

### Coastal Rainforest Nature Walk (4 Hours) \$100 per person – minimum 15 participants



Just 30 minutes from downtown Vancouver, discover the fascinating ecosystem of the Northwest Pacific Rainforest. See, smell and hear the genuine rainforest while your

experienced naturalist guide explains the workings of this unique ecosystem. A gourmet snack under the canopy is the ultimate opportunity to savour this enlightening encounter with the untamed Vancouver – an once-in-a- lifetime experience!

### Vancouver's Inspiring Gardens (4.5 Hours) \$65 per person - minimum 30 participants



No visit to Vancouver is complete without a chance to enjoy its outside-the- path gardens. Start with the most intriguing Dr. Sun Yat-Sen Classical Chinese Garden in

Chinatown - the first authentic classical Chinese garden ever built outside of China. Next is the Queen Elizabeth Park with its sweeping vista of rolling lawns, dramatic rockwork and city skyline. And for the finale, stroll the Van Dusen Garden featuring over 7,500 different species from 6 continents.

### Vancouver Highlights (4 Hours) \$49 per person - minimum 30 participants



Vancouver's is proud of its share of spectacular sceneries and vibrant neighbourhoods. Join our experienced guide for a snapshot of the city along fashionable Robson Street, through

the magnificent 1,000-acre Stanley Park, past English Bay, over False Creek to Queen Elizabeth, through the colourful Chinatown and the historic Gastown.

# Indian Arm Wilderness Paddle Adventure & Beach BBQ (6 hours)

### \$199 per person - minimum 12 participants



This fully guided, all-inclusive program is ideal to experience the natural beauty of the Indian Arm, a 15km glacial fjord located 15 minutes from downtown. Embark in a classic

wooden sea-kayak and watch seals, bald eagles and blue herons in their natural habitat. Top the adventure with an outdoor BBQ lunch in a picturesque beach and return to the city, exhilarated and renewed!





# **Optional Tours and Activities**

## First Nations Heritage Tour (5 Hours)

\$65 per person - minimum 30 participants



The First Nations peoples inhabited the Pacific Northwest for thousands of years and their history and continuing culture are in evidence throughout Vancouver.

In Stanley Park, learn the history and significance of the totems poles and be transferred to the University of British Columbia campus to visit of the world-renowned Museum of Anthropology. Wander through the Great Hall, contemplate and marvel at dramatic views over the Haida houses. The tour ends with a stop at Hill's Gallery, the largest Northwest Coast native art gallery in North America.

### Forest, Mountain & Canyon (6 hours) \$145 per person - minimum 30 participants



Make the journey across the magnificent Stanley Park and across the Lions Gate Bridge to the wonders of the North Shore. Discover the world-famous Capilano Suspension Bridge;

experience the surrounding rainforest via the Treetops walkways; board the Skyride for a breathtaking ascent to the top of Grouse Mountain. At the top, enjoy the "Theatre in the Sky", visit the Refuge for Endangered Wildlife or simply roam around taking in the spectacular views over Vancouver and Howe Sound.

### Whale-watching safari tour (5-7 hours) \$165 per person (boxed lunch included) – minimum 10 participants



Just 45 minutes from downtown Vancouver, embark a high-speed vessel for a comfortable safari guided by a trained naturalist. Enjoy breathtaking scenery

while searching for whales, dolphins, porpoises, seals, sea lions, eagles, and a variety of seabirds.

Not recommended for persons in frail health, suffering from neck/back problems nor pregnant women

# A day in the Mountains – Whistler Excursion (10 hours)

### \$135 per person – minimum 20 participants



From crisp mountain air to crystal clear lakes and lush emerald forests, the alpine resort of Whistler is British Columbia's yearround playground. The day begins with a

spectacular drive along the Sea to Sky Highway including a stop at the spectacular glacier-fed, 1,100 feet Shannon Falls. In Whistler, enjoy a guided tour of the Squamish Lil'wat Cultural Centre experience and free time to stroll through the cobble stone village and take into the mountain surroundings.

### Enchanting Victoria (12 Hours) \$180 per person – minimum 30 participants



Take a day trip to Vancouver Island to discover Victoria, the province's capital city. Many of the brick and stone buildings from the last century have been restored, adding

to the scenic beauty of the city. British influence remains apparent today with double-decker buses, traditional pubs and specialty shops. The journey includes return ferry crossing through the Gulf Islands and the visit of the Butchart Gardens, world-famous for spectacular year-round floral displays.





# **Pre & Post Congress Tours**

Pre/post tours are sold on individual basis; all reservations are subject to availability at time of booking. Pricing may increase in accordance with variable fees charged by operators in Fall 2015.

### Old English Charm in Victoria (2 Days/1 Night)

From \$275 per person based on double occupancy



From horse-drawn carriages to unforgettable flower basket displays, Victoria is distinctive and genteel - not to be missed! Your

package includes return coach/ferry transportation, overnight downtown accommodation and admission to the Butchart Gardens. While in Victoria, take time to explore the Royal British Columbia Museum or join a whale-watching excursion.

### Whistler & Victoria Circle (3 Days/2 Nights)

From \$733 per person based on double occupancy – minimum 20 participants



Board our private coach for a journey onto Vancouver Island. Visit the famous Butchart Gardens and enjoy a city tour of Victoria

before checking in at your hotel. Detour to Cathedral Grove for a walk though an old growth Coastal Douglas-fir forest before taking back the ferry back to the mainland. Spend the night and the next morning in the heart of Whistler village. Take in final awe-inspiring scenery as you return to Vancouver via the Sea to Sky Highway.

# Okanagan Valley – Western Canada Wine Country (3 Days/2 Nights)

From \$375 per person based on double occupancy



Take a chance to explore the interior of British Colombia with a short trip to the Okanagan Valley, internationally renowned for its

orchards and awardwinning wineries. Your package includes, 2 nights accommodation in either Kelowna or Osoyoos (your choice) and a full day of touring with lunch and wine tastings. Transfer to/from Okanagan Valley are not included.

# Salmon Fishing in Campbell River (3 Days/2 Nights)

From \$489 per person based on double occupancy



Make your way to Vancouver Island and the legendary fishing Painter's Lodge. This full service resort is the perfect base for unparralleded salmon

fishing and relaxation within stunning scenery of sea, sky and mountains. Your package includes 2 nights accommodation, 2 half-day salmon fishing, all fishing supplies (tackle, bait, raingear, etc...) as well as cleaning and packaging of your catch. Transfer to/from Campbell River are not included.





# **Pre & Post Congress Tours**

### Western Canada Gateway (4 Days/3 Nights)

From Vancouver or Calgary
From \$1,033 per person based on double occupancy



Travel by luxury motor coach and traverse the varying landscapes of Western Canada from the Pacific Coast, through pastoral

landscapes of interior British Columbia, the heart of the Rocky Mountains to the rolling foothills of Alberta's ranching country.

### Alpine Explorer (5 Days/4 Nights)

From Vancouver or Calgary
From \$1,340 per person based on double occupancy



Discover the splendour of Western Canada on this fiveday journey through top-rated wineries, majestic mountain peaks and thousand

year old glaciers. Take in countless breathtaking views from pastoral farmland, lush wine country, rolling foothills and journey along the scenic Icefields Parkway, surrounded by towering peaks, hundreds of glaciers, and sparkling mountain streams. At the Columbia Icefield, step out onto a glass-floored platform suspended above the valley floor and embark the Ice Explorer to step foot onto the Athabasca Glacier.

# Lakes & Mountains – Coach & Rail Vacations (8 Days/7 Nights)

From Vancouver or Calgary
From \$2,319 per person based on double occupancy



Explore majestic mountains, canyons and rivers between Vancouver and Jasper on board the comfort of VIA Rail's 'Canadian' train.

Journey the amazing Icefields Parkway and venture onto a 300 year-old glacier. Stand in the postcard perfect shores of Lake Louise, and delight in the rugged natural beauty of the mountains as you head towards the alpine town of Banff. Spot amazing wildlife from the Banff Lake Cruise, and soar to the top of Sulphur Mountain. From the coast to mountains, this incredible week-long trip is something of a dream.

For more information and booking, please contact: figo2015-registration@icsevents.com





# **Notes**





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### **Congress Secretariat**

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